



LSD/LSVI Weekly Menu September 6 - 10, 2010



	<i>Breakfast</i>	<i>Lunch</i>	<i>Supper</i>
<i>Monday</i>	Cafeteria Closed - No School	Cafeteria Closed - No School	Supper in Dormitories
<i>Tuesday</i>	Orange/Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Hashbrowns Scrambled Eggs Apples	Grilled Ham & Cheese Sandwiches Smothered Potatoes Seasoned Green Beans Mixed Green Salad Brownies with Icing Apples	Red Beans Steamed Rice Seasoned Collard Greens Mixed Green Salad Cornbread Brownies with Icing Apples
<i>Wednesday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Pancake on a Stick Bananas	Beef Tips with Noodles Squash Casserole Green Salad Buttered Rolls Ice Cream Bananas	Tacos Shredded Cheese Refried Beans Buttered Mixed Vegetables Diced Tomato / Lettuce Cup Ice Cream Bananas
<i>Thursday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Grits Sausage Links Oranges	Turkey Roast with Gravy Cornbread Dressing Seasoned Broccoli Congealed Salad with Pears Buttered Rolls Chocolate Chip Cookies Oranges	Corn Dogs Baked Fries Carrot Coins Congealed Salad with Pears Chocolate Chip Cookies Oranges
<i>Friday</i>	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Cheese Toast Bacon Assorted Fruit	Pizza Mexican Corn Garden Salad Lemon Meringue Pie Assorted Fruit	CAFETERIA CLOSED

Choice of whole, lowfat or skim milk available at all meals.



